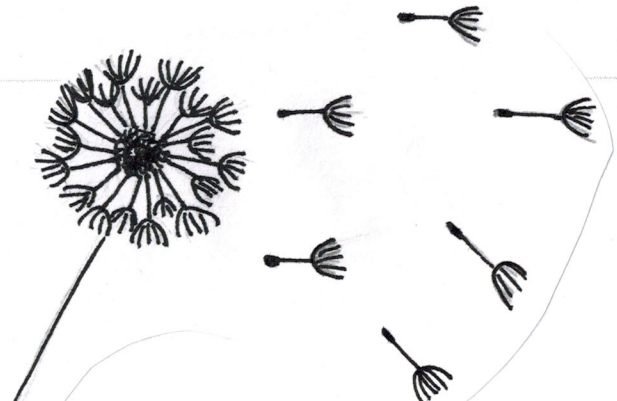
Peakflow-Protokoll für einen Monat

Pro Messung ein Kreuzchen in das entsprechende Feld

= morgens = mittags = abends

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